

A Guide to Emergency and Basic Practices in Medicine

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NOBEL

Millet Cad. No: 111
Fatih, İstanbul 34104, Türkiye
0090 212 632 8333 | nobelpub.com

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ISBN: 978-605-335-876-3

Hekimlikte Acil ve Temel Uygulamalar Rehberi

Editörler:

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ISBN: 978-605-335-838-1

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Identifiers

ISBN: 978-605-335-876-3 (ebook)

DOI: <https://doi.org/10.69860/nobel.9786053358763>

Classification

BIC: MMK, Accident & emergency medicine

BISAC: MED026000, Medical / Emergency Medicine

THEMA: MKP, Accident and emergency medicine

WoS: Science & Technology, Emergency Medicine

SciVal: Health Sciences, Emergency Medicine

Last digit is the print number: 9 8 7 6 5 4 3 2 1

PREFACE

Basic and emergency practices in the field of medicine are the cornerstones of the art of medicine. This book has been prepared as a pocket guide for medical educators, young physicians and students that can be easily referred to in order to teach the basic practices in medicine in detail and to remind(er) how the applications are performed. The book you have in your hand is the translation of the first and most comprehensive work in our country, which presents the basic and emergency practices in medicine for children and adults in a structured way. The number of books published with this approach and content in the world is very limited. The fact that the editors are a clinician, a medical educator and a language educator provided originality in terms of approach. In the translated book, a total of 118 different medical practices (60 emergency and 58 basic) are explained step by step and supported by pictures and videos. **However, 24 chapters covering examination and evaluation skills were not included in the publication plan of the English version.**

Explaining the applications in the book step by step will make learning easier and will also prevent making mistakes. Subject headings are listed alphabetically from A to Z under the heading of urgent and basic applications for easy access. Additionally, an alternative table of contents (adult, child, trauma, counseling, radiology etc.) at the end of the book makes it easier to reach the subject.

We hope that our study will be useful and guiding for future physicians, medical students and young physicians...

ABBREVIATIONS

BPPV	benign positional paroxysmal vertigo	IUD	intrauterine device
cm	centimeter	IV	intravenous
COC	combined oral contraceptive drugs	inf.	infusion
COPD	chronic obstructive pulmonary disease	LP	lumbar puncture
CPR	cardiopulmonary resuscitation	mcg	microgram
CSF	cerebrospinal fluid	mEq	milliEquivalent
CT	computed tomography	min.	minute
CTR	cardiothoracic ratio	mL	milliliter
ECG	electrocardiogram	MoH	Ministry of Health
g	gram	NST	nonstress test
GCS	Glasgow coma scoring	PO	oral
Hb	hemoglobin	RL	Ringer lactate
HC	head circumference	SC	subcutaneous
Hct	hematocrit	sec.	second
hr.	hour	SF	saline
IM	intramuscular	SL	sublingual
IO	intraosseous	Td	Tetanus and diphtheria toxoid
IU	International Unit	TIG	Tetanus immunoglobulin
		US	ultrasound
		WBC	leukocyte count

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